

ABILITIES

Skills Dealing with THINGS

I Am Good at Working With . . .

THE BODY - Using Hands, Finger Dexterity, Eye-Hand Coordination, Agility, Speed, Strength, Stamina, Etc.

MATERIALS (Clay, Wood, Cloth, etc) - Crafting, Sewing, Drawing, Hammering, Cutting, Modeling, Finishing, Painting, Refinishing, Restoring, Precision Work, Searching & Finding Inexpensive Material, Etc.

OBJECTS (Food, Tools, Instruments) - Washing, Cleaning Preparing, Handling, Expediting, Making, Producing, Manufacturing, Maintaining, Preserving, Repairing, Precision Work with Tools, Creating Meals, Etc.

EQUIPMENT, MACHINERY, VEHICLES - Setting up, Assembling, Operating, Controlling, Driving, Tending, Maintaining, Cleaning, Repairing, Breaking Down, Disassembling, Salvaging, Etc.

BUILDINGS - Constructing, Reconstructing, Modeling, Remodeling, Decorating, Etc.

PLANTS OR ANIMALS - Green Thumb, Landscaping, Raising, Training, Treating, Etc.

Skills Dealing with PEOPLE

I Am Good at Working With . . .

INDIVIDUALS - ONE AT A TIME

Serving, Helping, Diagnosing, Treating, Communicating - Conversation, Communicating - Writing, Referring, Evaluating, Selecting, Teaching, Persuading, Motivating, Recruiting, Selling, Advising, Coaching, Counseling, Representing, Interpreting, Recruiting, Interviewing, Recalling Names & Faces, Public Relations, Welcoming, Etc.

INDIVIDUALS - GROUPS OR ORGANIZATIONS

Communicating Effectively, Leading in Games, Recreation, or Exercise, Teaching, Training, Following Through, Producing, Presenting, Guiding Discussion, Conveying Warmth, Leading, Pioneering, Performing, Amusing Inspiring, Persuading, Debating, Motivation, Selling, Initiating, Founding, Establishing, Managing, Supervising, Acting, Singing, Playing an Instrument, Consulting, Negotiating, Etc.

Skills Dealing with INFORMATION & IDEAS

I Am Good at . . .

GATHERING AND/OR CREATING

Compiling, Searching, Researching, Interviewing or Observing People, Studying or Observing Things, Acute sense of Hearing, Smell, Taste or Sight, Imagining, Inventing, Creating, Designing, Composing, Etc.

MANAGING, STEP-BY-STEP

Copying, Comparing Data, Computing, Accounting, Analyzing, Organizing, Synthesizing, Prioritizing, Planning, Etc.

MANAGING THE "BIG PICTURE"

Adapting, Translating, Developing, Improving, Visualizing, Creating Videos or Software, Synthesizing - Combining Parts into a Whole, Planning, Designing or Organizing Events, Problem-solving, Seeing Patterns, Deciding, Evaluating, Appraising, Making Recommendations, Promoting, Etc.

STORING AND/OR RETRIEVING

Keeping Records, Data Entry, Storing or Filing, Retrieving, Enabling Others to Find or Retrieve, Superior Memory - Keeping Track of Details, Etc.